

WATERMANSURVIVA

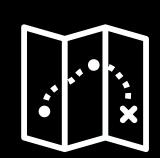
THE FOUNDATION FOR BREATH HOLD TRAINING

WATERMAN SURVIVAL

FII FREEDIVING EDUCATION AND SPEARFISHING

LUXURY YACHT LIVE ABOARD TRIP

MAY 13-20 OR JUNE 3-10



7 Day - 6 Night108' YachtLive Aboard Trip



4-6 Clients
5 Guest Cabins
*Ability To Accommodate
Up To 8 Guests



Fully Crewed
Yacht & Tender
3 Person Dive Crew



Level 1 Freediver
Certification
Followed By
Daily Spearfishing





MRS HAPPY

108' LUXURY YACHT

Gyro Stabilization
18 Knots cruising speed
32' Center console tender
18' Nautica rib boat

ACCOMMODATIONS

On deck master suite 180° Panoramic views 3 Queen guest cabins Additional twin bed room

AMENITIES

Flybridge sun/shade lounge area Indoor and outdoor dining Hot tub and exercise bike Swim deck, paddle boards





FILEVEL 1 FREDIVE COURSE

Whether a beginner, an informally trained freediver or a spearfisherman with years of experience, this course will set you on the right path to eliminate bad habits and teach you the most efficient and safe freediving techniques.

Once students are trained, we take the new skill set to the water for daily guided spearfishing trips.



FILEVEL1 FREEDIVE COURSE

During this course, students master the fundamentals of the FII education system in an easy-to-learn format operating between the classroom and open water setting. Followed by 4-days of skill application, underwater exploration and guided spearfishing. Students will be trained on the following skill set:



attain up to a max breath hold of 3 minutes



descend up to a max depth of 66 feet / 20 meters



become a safer and more knowledgeable freediver and waterman



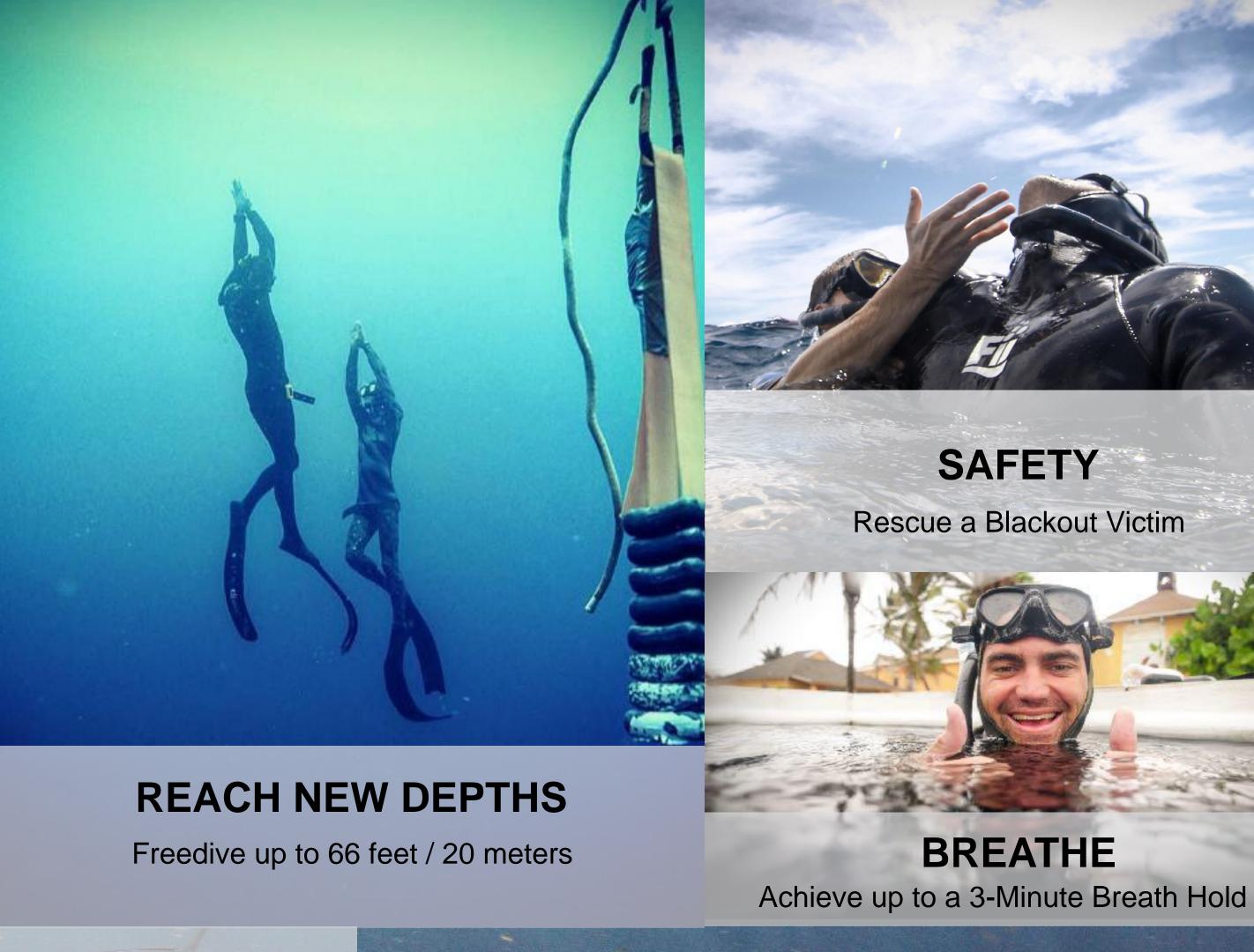
execute proper water entry and breathing techniques



perform safety procedures & rescue blackout scenarios



increase comfort level in the water







SPEARFISH

Pelagic and Reef Fish



EXPLORE

The Underwater World

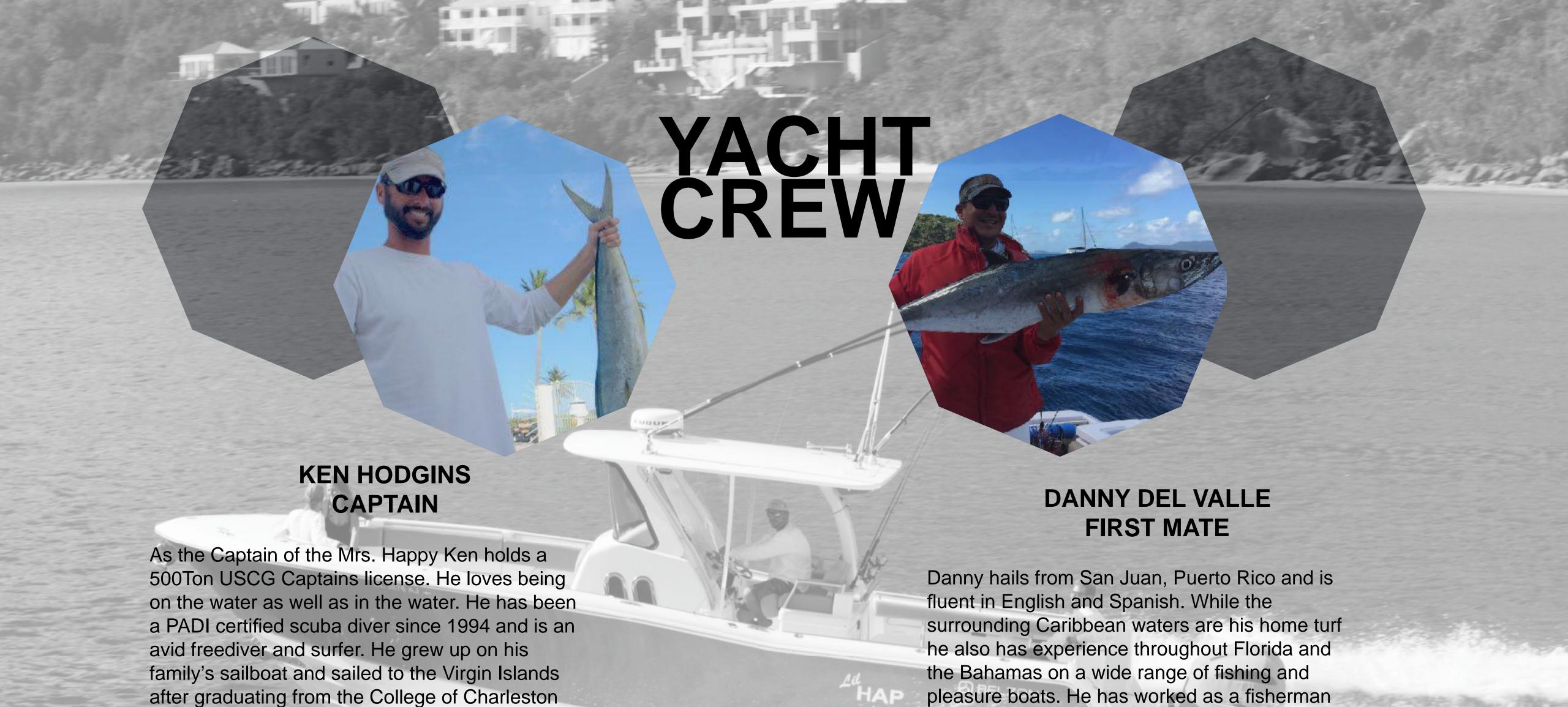
TEAM BUILDING

With Like-Minded Watermen

ADDITIONAL CLIENT BENEFITS

- Professional crew + culinary trained chef
- Full range of on the water toys + activities
- Hot tub + stationary bike
- Massage therapist + chiropractor available on board
- Daily guided spearfishing upon completion of the course
- Hands-on instructor involvement post-course
- Personal performance assessment + video review each evening to fine tune technique and skills
- Underwater photographer + videographer
- 3-Minute course video post-trip
- Trip photo gallery including images of training, spearfishing and life on board
- Additional breath hold training drills to further develop skills
- Education of stretching techniques for improving breath hold
- Daily underwater exploration
- Additional ocean line dive training after the course
- Optional gear package: FULL set of high quality freediving equipment to use on the trip + take home (Additional cost per student: \$1,500.)
- Wide range of demo spearguns available for use during the trip with option to purchase.





and never looked back. The Virgin Islands have

been his home base year round since 2006. The

islands of Puerto Rico and the Virgin Islands are

and he knows these waters like his own backyard.

where he has spent most of his cruising career

both commercial and sport and when it comes to

fishing Danny knows everything from setting the

line to serving it as the main course. Danny is

also USCG licensed captain and a PADI diver.



ANTHONY DOOLEY PHOTOGRAPHER & SPEARFISHING GUIDE

Fascinated by travel and life below the surface, Anthony Dooley began as a surf photographer in the late 90s. Since then, he has traveled through much of western Europe, Africa, Asia and Central America documenting cultures and lifestyle. Anthony's current work consists of freediving, spearfishing and general underwater photography. Presently based in Rincon, Puerto Rico, Anthony owns and operates The Uncharted Studio – an environmentally conscious screen-printing outfit, works as staff photographer for Joe Sheridan's FII Waterman Survival Training and serves as a spearfishing guide with Spearfishing Panama and Spearfishing Puerto Rico.

JOE SHERIDAN, JR FII CERTIFIED INSTRUCTOR

Joe has always had a genuine passion for exploration and the water. He has been a PADI Divemaster, served in the US Army as an Infantry Officer and currently runs a sales rep agency in the surf/outdoor/snow industry. In 2006, he took a freediving course in Florida and was immediately hooked on breath hold diving. Joe continued to take advanced level freediving courses, compete in spearfishing tournaments and freediving competitions. As an FII instructor Joe's background and experience provides a unique and comfortable learning environment for students of all skill levels. Joe's passion for teaching this course shows in his style for an incredible learning experience.

DR. DANSE MULVIHILL CHIROPRACTOR & DIVE SAFETY

Dr. Danse Mulvihill grew up on a sailboat in the Florida Keys. She could swim before she could walk and has been lobstering, spearfishing, and diving from an early age. Her love for adventure and the underwater world was only amplified when she started training with Joe Sheridan's Waterman Survival and Freedive training. She is FII Level 1 and 2 certified. A graduate from Palmer College of Chiropractic, Dr. Danse provides chiropractic coverage for private clients, concierge services in remote locations without chiropractic availability, and special event services catering to the needs of each patient. Many of the students in the Waterman Survival courses receive adjustment techniques that can help with equalization issues and breathing mechanics while diving.

TRIP PRICING

COST: \$94,500

Optional Personalized Gear Package:

Additional cost per student: \$1,500

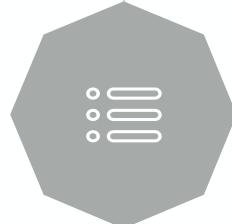
High-quality gear package for trip use + take home:

- Mask, snorkel, freedive fins + gear bag
- 3MM Wetsuit, weight belt + gloves
- Dive Computer + dive knife
- Demo spearguns available for use during trip



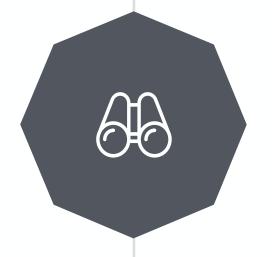
Luxury Yacht Charter

Fully customizable live aboard trip and excursions included. Enjoy an active vacation freediving and exploring the underwater world



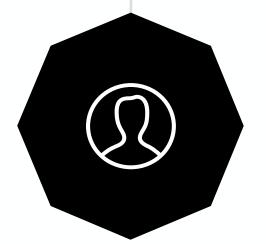
FII Level 1 Certification

All course costs included in trip pricing. FII Freedive manual and certificate upon completion



Guided Spearfishing

Post-course daily, guided spearfishing trips for pelagic and reef fish



On Board Chiropractic

Daily chiropractic adjustments and soft tissue therapy available for all students

FOR MORE INFORMATION CONTACT:
LAUREN HODGINS
Lauren@cyicharters.com
954.647.9414 www.charterbrochure.com/mrshappy



